

SPA

REJUVENATE TIRED, STRESSED, SUN-DRENCHED SKIN WITH A RICH, NOURISHING TREATMENT



SWEDISH

THIS CLASSIC MASSAGE USES EUROPEAN TECHNIQUES AND PENETRATING ACUPRESSURE TO IMPROVE CIRCULATION AND PROMOTE RELAXATION.

THAI

A DEEP, FULL BODY TREATMENT ALONG THE BODY'S TEN MAJOR ENERGY SEN LINES RELEASING BLOCKED ENERGY, INCREASING AWARENESS AND VITALITY.

STONE

WARMED STONES GLIDE ACROSS YOUR BODY IN FLOWING STROKES. RELAXING AND THERAPEUTIC, ALLEVIATES SORENESS WHILE RESTORING ENERGY AND BALANCE.

DEEP TISSUE

MELT AWAY HIDDEN TENSION AND MUSCLE DISCOMFORT AS JOINT MOBILITY IMPROVES. THE MASSAGE FOR THOSE WHO PREFER DEEP CONCENTRATED PRESSURE.

AROMATIC

A CHOICE OF BLENDED OILS, ALLOWING HEALING PROPERTIES OF THESE NATURAL OILS TO PENETRATE INTO THE SKIN LEAVING YOU RELAXED AND WITH A SENSE OF WELL-BEING.

SHIATSU

A DRY MASSAGE BASED ON CENTURIES OLD ACUPRESSURE TECHNIQUES TO RELEASE STRESS AND UNBLOCK THE BODY'S ENERGY PATHWAYS.

ORIENTAL SOLE

A UNIQUELY INVIGORATING AND RELAXING EXPERIENCE, WORKS THE PRESSURE POINT IN THE FOOT TO FREE THE FLOW OF ENERGY, AND RELIEVE STRESS THROUGH THE ENTIRE BODY.

DRIFTING OCEAN

PERFORMED BEACHSIDE, THE COOL OCEAN BREEZES AND SOUNDS OF THE OCEAN WAVES LAPPING THE SHORE INSPIRE THE TOTAL RELAXATION.

INDIAN SCALP MASSAGE

EXCELLENT FOR INSOMNIA, THIS MASSAGE RELAXES AND REVITALIZES THE BODY WITH AYURVEDIC OILS AND PRESSURE POINT INDIAN HEAD MASSAGE TECHNIQUES.

NAMASTE

A MASSAGE FOR THE BACK, NECK, AND SHOULDER, THIS IS THE PERFECT MASSAGE FOR THE PERSON WHO SITS IN AN OFFICE ALL DAY OR JUST STEPPED OFF A PLANE.